

2010 CENTRAL ZONE AGE GROUP CHAMPIONSHIP MEET
POOL - AUGUST 5-8, 2010 - WOODS POOL, LINCOLN NEBRASKA
OPEN WATER - AUGUST 9, 2010 - BRANCHED OAK STATE RECREATION AREA
EVENTS LIST

SCHEDULE OF EVENTS

DAY 1

GIRLS	EVENTS	BOYS
MORNING PRELIMS		
15	11-12 200 Individual Medley	16
29	13-14 400 Individual Medley	30
19	11-12 100 Breaststroke	20
17	13-14 100 Breaststroke	18
23	11-12 50 Backstroke	24
21	13-14 200 Freestyle	22
27	11-12 100 Freestyle	28
25	13-14 100 Butterfly.....	26
31	11-12 200 Butterfly timed finals.....	32
13	13-14 800 Freestyle timed finals	14

AFTERNOON TIMED FINALS

1	10 & U 50 Breaststroke.....	2
3	10 & U 100 Freestyle	4
5	10 & U 50 Butterfly	6
7	10 & U 200 Free Relay	8

CONSOLATION & CHAMPIONSHIP FINALS

9	13-14 200 Free Relay	10
11	11-12 200 Free Relay	12
13	13-14 800 Freestyle fastest heat	14
15	11-12 200 Individual Medley	16
17	13-14 100 Breaststroke	18
19	11-12 100 Breaststroke	20
21	13-14 200 Freestyle	22
23	11-12 50 Backstroke	24
25	13-14 100 Butterfly.....	26
27	11-12 100 Freestyle	28
29	13-14 400 Individual Medley	30
31	11-12 200 Butterfly fastest heat	32

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DAY 2

GIRLS	EVENTS	BOYS
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MORNING PRELIMS

41	11-12 400 Medley Relay	42
43	13-14 400 Medley Relay	44
49	11-12 50 Butterfly.....	50
51	13-14 200 Individual Medley	52
53	11-12 50 Freestyle	54
55	13-14 50 Freestyle	56
57	11-12 200 Breaststroke timed finals.....	58
59	13-14 200 Breaststroke	60
61	11-12 100 Backstroke	62
63	13-14 100 Backstroke	64
65	11-12 400 Freestyle	66
67	13-14 400 Freestyle	68

AFTERNOON TIMED FINALS

33	10 & U 200 Individual Medley	34
35	10 & U 100 Backstroke	36
37	10 & U 50 Freestyle	38
39	10 & U 100 Breaststroke.....	40

CONSOLATION & CHAMPIONSHIP FINALS

45	11-12 200 Medley Relay	46
47	13-14 200 Medley Relay	48
49	11-12 50 Butterfly.....	50
51	13-14 200 Individual Medley	52
53	11-12 50 Freestyle	54
55	13-14 50 Freestyle	56
57	11-12 200 Breaststroke fastest heat.....	58
59	13-14 200 Breaststroke	60
61	11-12 100 Backstroke	62
63	13-14 100 Backstroke	64
65	11-12 400 Freestyle	66
67	13-14 400 Freestyle	68

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DAY 3

GIRLS	EVENTS	BOYS
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MORNING PRELIMS

77	11-12	400 Freestyle Relay	78
79	13-14	400 Freestyle Relay	80
83	11-12	200 Backstroke timed finals	84
85	13-14	200 Backstroke	86
87	11-12	50 Breaststroke	88
89	13-14	100 Freestyle	90
91	11-12	200 Freestyle	92
93	13-14	200 Butterfly	94
95	11-12	100 Butterfly	96
81	13-14	1500 Freestyle timed finals	82

AFTERNOON TIMED FINALS

69	10 & U	200 Medley Relay	70
71	10 & U	200 Freestyle	72
73	10 & U	50 Backstroke	74
75	10 & U	100 Butterfly	76

CONSOLATION & CHAMPIONSHIP FINALS

81	13-14	1500 Freestyle fastest heat	82
83	11-12	200 Breaststroke fastest heat	84
85	13-14	200 Backstroke	86
87	11-12	50 Breaststroke	88
89	13-14	100 Freestyle	90
91	11-12	200 Freestyle	92
93	13-14	200 Butterfly	94
95	11-12	100 Butterfly	96

OPEN WATER EVENTS

Monday, August 9, 2010

GIRLS		BOYS
OW 1 10 & U – .5 Mile	OW 2
OW 3 11-12 – 1 Mile	OW 4
OW 5 13-14 – 1.5 Mile	OW 6