

Senior Training Trip-Florida State University

When: June 2 to June 9

Who: All NSC swimmers 13 & Over are eligible. Swimmers must be in good standing, showing 90% attendance to practices, attending meets – including championship meets (Conference and/or qualified meets, like Age group State/Senior State).

Cost: All inclusive (meals, lodging, bedding, bath towels, training facilities) - if we have 30 – the cost is \$437-\$467. The other cost is vans and a few meals on the way there and back (last year about \$100-\$150). I will have the final total when we have numbers – if we have 30 – a charter bus may be a cheaper alternative. If we have less than 30 – there may be some slight cost changes.

Why: These training trips provide many great things! Our athletes get to experience a college campus. Video taping and review, team comraderie, and some intense training!



I am taking RSVP now. Email me at headcoach@swimnsc.com

We will have a final date that you can remove yourself from the list before, but I need to get numbers so we can work out some details and get a final cost.